**Purple Day 2023 How to Get Involved!**

Wondering how you can get involved in Purple Day 2023? Check it out!

**Get your school involved:** Are you or your family members attending school? Talk to a teacher, guidance counselor or principal about making your school a Purple Day School on March 26th (March 25th or March 27th) Once your school is on board contact us and we will send along some supplies. Primary, elementary, secondary, post-secondary, all schools are welcome to participate!

**Join the Purple Day Bunny Hop**: Day Cares or schools across the province celebrate Purple Day by learning about epilepsy, dressing in Purple and bunny hopping throughout the day. Ask your child’s centre/school about joining the fun on March 26th.

We can send information for activities to do during the Bunny Hop via email or by regular mail.

**Get your work involved**: Organize a Purple Day event that speaks to you to join in raising Epilepsy Awareness at work. Ideas include a Purple Bake Sale, Wacky Purple Accessory Day or Purple Sock Party (everyone donates a loonie or toonie to wear purple socks-be sure to get a photo!) We will post pictures online and on Social Media throughout the week.

**Buy a T-Shirt or Pen**: We have Purple Day T-Shirts for $12.00 to $14.50 (depending on size) Show your Purple this March with a t-shirt with all proceeds going to ENL! \*shipping costs will apply\*

**Purple Day Proclamation:** Cities and towns all around the province also participate in Purple Day by signing the Purple Day

**Proclamation**. Keep an eye out on our social media for towns and cities that have signed the Purple Day Proclamation this year.

**Light it up Purple**: Municipalities across Newfoundland and Labrador will be lighting up their town halls and other venues to celebrate Purple day. Keep an eye out on our social media for towns and cities that have lit up for Purple Day this year.